

STEP 1:

YESTERDAY'S VERSE 1ST

RECITE X 10

Recite yesterday's verse ten times, looking in the Bible if necessary along the way. So, if memorizing the book of Ephesians, and today's verse is Ephesians 2:4, then BEFORE starting your new verse, you will review Ephesians 2:3 by reciting it ten times.

STEP 2:

THE WHOLE THING

RECITE X 1

Recite the whole book, up to yesterday's verse, looking in the Bible if necessary along the way. For example, if today's verse is Ephesians 2:4, then you will recite Ephesians 1:1-2:3.

STEP 3:

TODAY'S VERSE LAST

READ X 10

Read today's verse ten times, looking carefully at each word as you read. If the day's verse is slightly longer, feel free to read it more than ten times. This has helped me in the past with longer verses.

RECITE X 10

Recite today's verse ten times, looking in the Bible if necessary along the way. If you end up needing to look, feel free to recite it more than ten times. This has also helped me in the past, especially with longer verses.

IMPORTANT TIPS + TOOLS

READ AND RECITE OUT LOUD

VERY IMPORTANT. Additional sensory input helps tremendously with memorization. This helps develop long-term muscle memory and the benefits will manifest down the road.

READ AND RECITE CHAPTER + VERSE #'S

VERY IMPORTANT. This will help you: 1) recite the whole book without missing any verses; and 2) quote single verses when needed. For example, Ephesians 1:8 would go: "One, eight... which he lavished upon us in all wisdom and insight."

TWICE DAILY

If needed, you can simply do step 3 twice during the day (maybe morning and lunch, or morning and night).

WRITE IT OUT

Some have done this in place of "Recite x10" for "Step 3" and had success. Feel free to try this out if you think it'll help!

... WHY MEMORIZE THE BIBLE ONE BOOK AT A TIME?

"EVERY WORD THAT COMES FROM THE MOUTH OF GOD"

Memorizing whole books of the Bible helps us avoid looking over verses we might not otherwise memorize. This way, we can intentionally try to feed on "every word that comes from the mouth of God!" (Matt. 4:4)

UNDERSTANDING

Memorizing whole books of the Bible gives us context for memorized verses, helping us to understand them more accurately and helping us to see the overall flow of whole books of the Bible.

GODLINESS

Memorizing whole books of the Bible helps to round out our godliness, giving us a more balanced diet of memorizing what we need instead of just what we want in that moment.

SAMPLE SCHEDULE FOR EPHESIANS:

One verse a day, six days a week, one bonus week for catch-up and/or review every two chapters! Set goals by marking dates now, and cross through each week as you complete it!

START DATE: Week 15 Date: Week 25 Date:

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Eph. 1:1-6	Eph. 3:4-9	Eph. 5:5-10
Eph. 1:7-12	Eph. 3:10-15	Eph. 5:11-16
Eph. 1:13-18	Eph. 3:16-21	Eph. 5:17-22
Eph. 1:19-2:1	Eph. 4:1-6	Eph. 5:23-28
Eph. 2:2-7	Eph. 4:7-12	Eph. 5:29-6:1
Eph. 1:1-6	Eph. 4:13-18	Eph. 6:2-7
Eph. 1:7-12	Eph. 4:19-24	Eph. 6:8-13
Eph. 1:13-18	Eph. 4:25-30	Eph. 6:14-19
Eph. 1:19-2:1	Eph. 4:31-5:4	Eph. 6:20-24
Eph. 2:2-7	BONUS	BONUS
Eph. 2:8-13		
Eph. 2:14-19		
Eph. 2:20-3:3		
BONUS		

HOW TO MEMORIZE THE BIBLE ONE BOOK AT A TIME!

"I have stored up your word in my heart, that I might not sin against you... Blessed are you, O Lord; teach me your statutes! With my lips I declare all the rules of your mouth."

PSALM 119:11, 13

**BUT ULTIMATELY...
FOR GOD'S GLORY!**

ONCE FINISHED...

After finishing the book, celebrate!!! THEN, your NEW schedule, for 100 days, is simply "Step 2": Recite the whole book daily!